

A treat in the calmness of the mountains of Mallorca

Join us for transformative days in the company of ISHTA experienced students, guided by yogiraj Katrina Repka.

We will deepen our practice and create space for intimacy, integrity and stillness. Let the beautiful and timeless environment and natural surroundings inspire us. Bienvenido!

The retreat will offer

- Daily yoga classes & meditations (mornings and evenings)
- Full accommodation in magnificent "finca"
- Healthy, superb and vegetarian food by our own chef Jeff Harter
- A hike in spectacular landscape in world heritage mountains
- Excursions to nearby villages
- Treatments will also be available

For more info

Contact Sarah Elfvin
sarah@luckybodies.com

1.150€ (single room)

850€ (shared room)

ISHTA  YOGA



Lucky Bodies & Happy Souls are very proud to have Katrina here at the island again! We are very happy to invite you to this unique retreat!



'REST & RENEW'
A RETREAT WITH KATRINA REPKA

27 Sept - 1 Oct 2017